

## Ciprofloxacin Treatment

Ciprofloxacin is an antibiotic taken by mouth for the treatment of sexually transmitted infections.

### Allergies

- Tell your health care provider if you have an allergy to any quinolone antibiotics such as Ciprofloxacin (Cipro<sup>®</sup>), Levofloxacin (Levaquin<sup>®</sup>), Ofloxacin (Floxin<sup>®</sup>), or Moxifloxacin (Avelox<sup>®</sup>).

### Pregnancy/Breastfeeding

- Ciprofloxacin should **not** be taken during pregnancy.
- Ciprofloxacin may be used with caution during breastfeeding. If you stop breastfeeding while taking Ciprofloxacin, start breastfeeding 48 hours after taking your last dose to allow for the drug to leave your body. Please consult your physician.

### CAUTION

- **Please note, intravenous medications are not listed in this document. If you are on any intravenously administered medications, please notify your health practitioner.**
- **Do not take aluminum and magnesium containing antacids** (Tums<sup>®</sup>, Amphojel<sup>®</sup>, Maalox<sup>®</sup>), Didanosine (Videx<sup>®</sup>), Sucralfate (Sulcrate<sup>®</sup>), **calcium supplements, iron supplements, multivitamins containing iron and zinc** at the same time as Ciprofloxacin. Space these products six hours before or two hours after taking Ciprofloxacin dose.
- **Do not take dairy products** at the same time as Ciprofloxacin. Take dairy products two hours before or two hours after taking Ciprofloxacin.
- Avoid exposure to sunlight or artificial UV rays (sunlamps or tanning beds). Ciprofloxacin can make your skin more sensitive and sunburn may result. Use a sunscreen (minimum SPF 15) and wear protective clothing if you must be out in the sun.
- Allow 24 hours or more to elapse between administration of the dose of Ciprofloxacin and oral live typhoid vaccine (Vivotif<sup>®</sup>)

### Tell your doctor if you are taking the following medications

- **Antiarrhythmic Medication:** Amiodarone (Cordarone<sup>®</sup>), Bretylium, Disopyramide (Rythmodan<sup>®</sup>), Procainamide (Procan<sup>®</sup>), Propafenone (Rythmol<sup>®</sup>), Quinidine, Sotalol
- **Anticoagulants:** Warfarin (Coumadin<sup>®</sup>)
- **Asthma:** Aminophyllines (Phyllocontin<sup>®</sup>), Oxtriphylline (Choledyl<sup>®</sup>), Theophylline (Uniphyll<sup>®</sup>)
- **Birth Control Pills (Estrogens/Progestogens)**

# Ciprofloxacin Treatment (cont'd)

## Side Effects

- You may experience diarrhea, nausea, abdominal pain, vomiting, headache, drowsiness or dizziness.
- Tell your doctor if you are experiencing any painful swelling of the joints.
- If you have any reaction after treatment (for example: hives, difficulty breathing, swelling of the face, lips, tongue and throat), please seek emergency medical help immediately.

## Instructions for Taking

- Take one tablet as a single dose.
- Ciprofloxacin may be taken with or without food.
- Avoid taking along with dairy products (e.g. milk or yogurt) as these products could make the medication less effective.
- Take with a full glass of water (8 oz).
- Avoid caffeine because Ciprofloxacin can make the effect of caffeine stronger.

## Storage Instructions

- Store at room temperature between 15-30°C.
- Protect from light, heat, and moisture.
- Do not use medications beyond the printed expiry date.
- Keep away from the reach of children.

## Special Instructions

- Do not have sex until:
  - one week after your 1-day treatment; or
  - your 7-day treatment is complete, and
  - your sex partner(s) have also been treated, even if their test results are negative.
- Tell your health care provider if:
  - you have sex with an untreated partner or
  - you have sex before either you or your partner(s) treatment is complete.
- If you are using a hormonal form of birth control (oral tablets, ring, or patch), use an additional non-hormonal method of contraception (i.e. condom/diaphragm) until your present cycle is completed.

## Test of cure

- If used for Gonorrhoea, get another test no sooner than 4-6 weeks after taking your treatment.

If you have any questions or need further information, please contact your doctor, local health unit, see contact information below.