



## Treatment of Yeast and Fungal Infections

Medication for treatment of yeast is available “over-the-counter” (on the shelf in the regular area of the drug store or you may ask the pharmacist) or by prescription.

### **OVER THE COUNTER**

#### **FOR WOMEN:**

##### **Treatment of vaginal yeast infections:**

- Clotrimazole (Canesten<sup>®</sup>) vaginal inserts or cream for 3 or 6 nights OR
- Miconazole (Monistat<sup>®</sup>, Micatin<sup>®</sup>) vaginal inserts or cream for 3 to 7 nights.
- Price range from \$16 to \$19

##### **Treatment of external yeast or fungal rashes:**

- Clotrimazole (Canesten<sup>®</sup>) or Miconazole (Monistat<sup>®</sup>, Micatin<sup>®</sup>) topical cream applied twice daily for 2 weeks. If the rash does not clear in this time, you should see your health care provider to be reassessed.
- Price range from \$8 to \$15. Options: 15g OR 30g size

#### **FOR MEN:**

##### **Treatment of yeast or fungal rashes:**

- Clotrimazole or Miconazole topical cream applied twice daily for 2 weeks. If the rash does not clear in this time, you should see your health care provider to be reassessed.
- Price range from \$16 to \$19.

It is important to follow the instructions on the package. Ask the pharmacist for help if you are unsure.

### **BY PRESCRIPTION**

You may prefer to get the medication with a prescription if you have extended medical benefits or if you are on income assistance. You can get the prescription from your health care provider.

#### **FOR WOMEN:**

- There is a vaginal cream available by prescription:
- Butaconazole 2% cream to be used intravaginally x 1
- Price is about \$17-18.

#### **FOR MEN AND WOMEN:**

- There is an oral treatment for either vaginal yeast infections or yeast rashes available by prescription:
- Fluconazole 150 mg tablet to be taken once only.
- Price is about \$19.

If you have any questions or need further information, please contact your doctor, local health unit, see contact information below.