

Ciprofloxacin Treatment

Ciprofloxacin is an antibiotic taken by mouth for the treatment of sexually transmitted infections.

Allergies

- Tell your health care provider if you have an allergy to any quinolone antibiotics.

Pregnancy/Breastfeeding

- Ciprofloxacin should **not** be taken during pregnancy.
- Ciprofloxacin may be used with caution during breastfeeding. If you stop breastfeeding while taking ciprofloxacin, start breastfeeding 48 hours after taking your last dose to allow for the drug to leave your body.

CAUTION

- **Do not take aluminum and magnesium containing antacids** (Tums, Amphojel, Maalox), Didanosine (Videx[®]), Sucralfate (Sulcrate[®]), **calcium supplements, iron supplements, multivitamins containing iron and zinc** at the same time as ciprofloxacin. Space these products six hours before or two hours after taking ciprofloxacin dose.
- **Do not take dairy products** at the same time as Ciprofloxacin. Take dairy products six hours before or two hours after taking Ciprofloxacin.
- Avoid exposure to direct sunlight or other sources of ultraviolet light. Wear sunscreen.
- Allow 24 hours or more to elapse between administration of the dose of Ciprofloxacin and oral live typhoid vaccine (Vivotif[®])

Tell your doctor if you are taking the following medication:

- **Antiarrhythmic Medication:** Amiodarone (Cordarone[®]), Bretylium, Disopyramide (Rythmodan[®]), Procainamide (Procan[®]), Propafenone (Rythmol[®]), Quinidine, Sotalol
- **Anticoagulants:** Warfarin (Coumadin[®])
- **Asthma:** Aminophyllines (Phyllocontin[®]), Oxtriphylline (Choledyl[®]), Theophylline (Uniphyll[®])
- **Birth Control Pills (estrogens)**

Side Effects

- You may get nausea, diarrhea, abdominal pain, vomiting, headache, drowsiness or dizziness.
- Tell your doctor if you are experiencing any painful swelling of the joints.
- Get medical help if you have the following signs of an allergic reaction: hives, difficulty breathing, swelling of the face, lips, tongue and throat.

Ciprofloxacin Treatment (cont'd)

Instructions for Taking

- Take one tablet as a single dose.
- Ciprofloxacin may be taken with or without food.
- Avoid taking along with dairy products (e.g. milk or yogurt) as these products could make the medication less effective.
- Take with a full glass of water (8 oz).
- Avoid caffeine because Ciprofloxacin can make the effect of caffeine stronger.

Storage Instructions

- Store at room temperature between 15-30°C.
- Protect from light, heat, and moisture.
- All oral medications should be used on or before the printed expiry date.
- Keep away from the reach of children

Special Instructions

- Do not have sex until:
 - one week after your 1-day treatment; or
 - your 7-day treatment is complete, and
 - your sex partner(s) have also been treated, even if their test results are negative.
- Tell your health care provider if:
 - you have sex with an untreated partner or
 - you have sex before either you or your partner(s) treatment is complete.
- If you are using a hormonal form of birth control (oral tablets, ring, or patch), use an extra method of protection until your present cycle is completed.

Test of cure

- If used for Gonorrhoea, get another test no sooner than 4-6 weeks after taking your treatment.

If you have any questions or need further information, please contact your doctor, local health unit, see contact information below.